

# INSTRUCTIONS

**Instructions for submitting A Religious Exemption Letter to your Employer, School, or other organization:**

1. Copy letter, date, and address it to the relevant person.
2. Make this letter appear as your *own* personal letter and not a form letter. For example, change the wording to suit your own style. **DO NOT COPY ANY LETTER WORD FOR WORD**
3. Print and sign your name at the bottom in blue ink.
4. Keep a copy of the signed letter.
5. If interviewed, be sure you have scripture memorized.
6. If interviewed by employer be aware with an answer if asked, “have you had other vaccinations as an adult and did your religious exemption apply?”
7. You may be asked to have your pastor sign the letter. We suggest you obtain that upfront.
8. Have multiple points in your letter.
9. Send the original signed letter by mail with *Return Receipt Requested* to assure you have documentation that the letter was received.

**NOTE:** These sample letters were submitted by either a pastor or attorney. Use your own discretion when submitting and again verify information as data changes rapidly and/or seek legal help. Attorney’s we respect and work with closely are mentioned.

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## SAMPLE 1

### SAMPLE LETTER BELOW

A Religious Exemption: My Body is God’s Temple

Date Here

Name of Person to Receive Letter

Company Name

Address

City, State, Zip

RE: My Religious Exemption to the COVID-19 Vaccine

I am a Christian who believes in the New Testament, which teaches that:

“Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are. ...What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?” I Corinthians 3:16-17, 6:19 (KJV).

Accordingly, I believe, pursuant to my Christian faith, that my body is a temple of the Holy Spirit. It is a God-given responsibility and requirement for me to protect the physical integrity of my body against potentially unclean food and injections.

The broad prohibition against consuming anything that might “defile” the body, and hence the conscience, is stated again in I Corinthians 8:7: “Howbeit there is not in every man that knowledge: for some with conscience of the idol unto this hour eat it as a thing offered unto an idol; and their conscience being weak is defiled.” And yet again, in 2 Corinthians 7:1, there is this admonition against defiling the flesh and the spirit: "Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God."

This mandated vaccine, with its numerous additives and its novel mechanism for altering my body, is the equivalent of a prohibited “unclean food” contrary to my faith. This vaccine is to me what non-kosher food is to orthodox Jews, and no one requires anyone in the United States to consume a substance contrary to his or her faith.

Sincerely,

Sign your name here

Print your name here

Your Address

City, State, Zip

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## SAMPLE 2



**DISTRICT OF COLUMBIA**  
109 Second Street NE  
Washington, DC 20002  
Tel 202-289-1776  
Fax 407-875-0770  
LC.org

**FLORIDA**  
PO Box 540774  
Orlando, FL 32854  
Tel 407-875-1776  
Fax 407-875-0770

**VIRGINIA**  
PO Box 11108  
Lynchburg, VA 24506  
Tel 407-875-1776  
Fax 407-875-0770  
Liberty@LC.org

### **SAMPLE EMPLOYEE/STUDENT EXEMPTION LETTER:**

I'm writing to request a medical and religious exemption from [COMPANY NAME's/COLLEGE NAME's] COVID shot directive. I have prayed about how to respond to the COVID shot directive, in light of my [medical issues], and in light of my pro-life and other religious beliefs. I believe my body belongs to God and is the temple of his Holy Spirit. 1 Cor 6:19-20. I believe that innocent life is sacred to God, from conception, to birth, to natural death. (Jeremiah 1:5). I believe God's promise that "if anyone lacks wisdom, let him ask of God, who gives to all liberally." I understand that the manufacturers of the COVID shots have used aborted fetal cell lines as part of their development or testing of vaccines.<sup>5</sup> My faith prohibits me from participating in or benefiting from an abortion, no matter how remote in time that abortion occurred.

Jesus said the Holy Spirit will guide each person who repents of their sin and believes upon Him into all truth. As a believer in Jesus, the Holy Spirit lives in me. I have been a Christian for many years. I seek God's will for my life through prayer, reading the Bible, and relying on the power of the Holy Spirit to help me to do God's will.

It is against my faith and my conscience to commit sin. Sin is anything that violates the will of God, as set forth in the Bible, and as impressed upon the heart of the believer by the Holy Spirit. In order to keep myself from sin, and receive God's direction in life, I pray and ask God for wisdom and direction daily. As part of my prayers, I have asked God for direction regarding the current COVID shot requirement. As I have prayed about what I should do, the Holy Spirit has moved on my heart and conscience that I must not accept the COVID shot. If I were to go against the moving of the Holy Spirit, I would be sinning and jeopardizing my relationship with God and violating my conscience.

I'm therefore asking for an exemption from the COVID shot directive so that my conscience can remain clear before God. Thank you for your consideration.

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<sup>5</sup>[https://www.health.nd.gov/sites/www/files/documents/COVID%20Vaccine%20Page/COVID-19\\_Vaccine\\_Fetal\\_Cell\\_Handout.pdf](https://www.health.nd.gov/sites/www/files/documents/COVID%20Vaccine%20Page/COVID-19_Vaccine_Fetal_Cell_Handout.pdf); [https://ldh.la.gov/assets/oph/Center-PHCH/Center-PH/immunizations/You\\_Have\\_Qs\\_COVID-19\\_Vaccine\\_FAQ.pdf](https://ldh.la.gov/assets/oph/Center-PHCH/Center-PH/immunizations/You_Have_Qs_COVID-19_Vaccine_FAQ.pdf); [https://www.health.nd.gov/sites/www/files/documents/COVID%20Vaccine%20Page/COVID-19\\_Vaccine\\_Fetal\\_Cell\\_Handout.pdf](https://www.health.nd.gov/sites/www/files/documents/COVID%20Vaccine%20Page/COVID-19_Vaccine_Fetal_Cell_Handout.pdf).

**Additional Letters & Resources available from**  
[Advocates for Faith and Freedom](#)  
[Pacific Justice Institute](#)

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**SAMPLE 4**

Request for Exemption

I, \_\_\_\_\_, hereby formally request an exemption from the Covid-19 vaccination requirement pursuant to federal law.

**Federal Food, Drug, and Cosmetic Act**

All COVID-19 vaccines are merely authorized, not approved or licensed, by the federal government; they are Emergency Use Authorized (EUA) only. The Federal Food, Drug, and Cosmetic Act states that individuals to whom EUA products are administered must be informed—

- (I) that the Secretary has authorized the emergency use of the product;
- (II) of the significant known and potential benefits and risks of such use, and of the extent to which such benefits and risks are unknown; and
- (III) of the option **to accept or refuse administration** of the product, of the consequences, if any, of refusing administration of the product, and of the alternatives to the product that are available and of their benefits and risks.

Title 21 U.S.C. § 360bbb-3(e)(1)(A)(ii)(I-III).

Accordingly, the federal court held that the U.S. military could not mandate EUA vaccines to soldiers. *Doe #1 v. Rumsfeld*, 297 F.Supp.2d 119 (2003). The court held: "...the United States cannot demand that members of the armed forces also serve as guinea pigs for experimental drugs." *Id.* at 135. No court has ever upheld a mandate for an EUA vaccine, nor will they do so with the Covid-19 vaccine which has not been licensed or approved by the FDA.

**Title VII of the Civil Rights Act**

My sincerely held religious beliefs also exempt me from receiving the Covid-19 vaccination. My beliefs are deeply rooted in God and his teachings revealed in Scripture: "Honor

the Lord with your bodies” (1 Cor. 6:20). The Bible encourages Christians to abstain from contaminating one’s body with substances that may be threatening to one’s bodily health. Based on the lack of sufficient research surrounding Covid-19 vaccines and the known harmful side effects many individuals have already experienced, it may be harmful and dishonoring to my body to receive the vaccine. I also believe the use of any vaccination containing cell lines from an aborted fetus to be unclean. The Old Testament discusses unclean substances (Isaiah 64:6).

Although the New Testament reveals Christ as the one who cleanses our souls, I have a responsibility to honor the Lord through my body. Until longitudinal research can prove that use of Covid-19 vaccines are safe and effective, I consider such vaccines unclean.

Thank you for accepting my religious accommodation.

TYPE YOUR NAME, ADDRESS  
AND CONTACT INFO HERE

